

What's on the Menu?

Chatfield Lunch Menu, Chartwells School Dining Services

May 2024

Price: Free

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk	2 Cheese Pizza Tater Tots Fresh Baby Carrots Diced Peaches Choice of Milk	3 Walking Taco w/ Trimmings Celery Sticks Fresh Orange Wedges Choice of Milk
w4				
6 Chicken Nuggets WG Dinner Roll Green Beans Fresh Cucumber Coins Applesauce Choice of Milk W1	7 French Bread Pizza Seasoned Black Beans Fresh Baby Carrots Chilled Diced Pears Choice Of Milk	8 Chicken & Cheese Crisпитos Salsa Dipping Sauce Seasoned Carrots Michigan Grown Apple Choice of Milk	9 Bosco Sticks or Dunkers Fresh Baby Carrots Diced Peaches Choice of Milk	10 Brunch for Lunch Pancakes Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk
13 Carnival Corn Dog Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w2	14 Hamburger on WG Bun Tater Tots Fresh Baby Carrots Chilled Diced Pears Choice of Milk	15 Turkey and Cheese on a Whole Grain Sub Roll Smart Snack Chips Cucumber Coins Michigan Grown Apple Choice of Milk	16 Cheese Quesadilla Dipping Sauce Vegetarian Baked Beans Fresh Baby Carrots Diced Peaches Choice of Milk	17 French Bread Pizza Celery Sticks Fresh Orange Wedges Choice of Milk
20 Mac and Cheese w/ Diced Ham Steamed Green Beans Fresh Cucumber Coins Applesauce Choice of Milk w3	21 Hot Dog on a WG Bun Tater Tots Seasoned Carrots Chilled Diced Pears Choice of Milk	22 Jumbo Chicken Tenders Vegetarian Baked Beans Dinner Roll Cucumber Coins Michigan Grown Apple Choice of Milk	23 Pizza Crunchers Fresh Baby Carrots Diced Peaches Choice of Milk	24 Cheese Filled Bosco No School Dipping Sauce Celery Sticks Fresh Orange Wedges Choice of Milk
27 No School w4	28 Soft Shell Taco w/ Meat, Cheese, & Trimmings, Salsa Fresh Baby Carrots Chilled Diced Pears Choice of Milk	29 Baked Chicken Drumstick Vegetarian Baked Beans WG Biscuit Fresh Cucumber Coins Michigan Grown Apples Choice of Milk	30 Cheese Pizza Fresh Baby Carrots Diced Peaches Choice of Milk	31 French Toast Sticks Sausage Patty Celery Sticks Fresh Orange Wedges Choice of Milk



Chatfield: Free Breakfast to All Students

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and a variety of milk choices.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Bug Bites Graham Crackers</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 WG Blueberry Muffin</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Cinnamon Goldfish Grahams</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>	<p>Choose 2 Scooby-Doo Graham Stix</p> <p>Cereal Variety</p> <p>Cereal Bar Variety</p> <p>Nutra Grain Bar Variety</p> <p>Cheese Stick</p> <p>Trix Yogurt</p> <p>Must take a Juice or Fruit</p> <p>Optional Milk, Skim, 1% or Chocolate</p>

Student will choose 2 breakfast items **AND** a juice or fruit. Milk is optional.

Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school. Our guidelines:

Provide more deeply colored, nutrient dense, and fiber rich fruits and vegetables, such as sweet potatoes, spinach, peaches, broccoli, and beans

Provide more whole grain foods, such as brown rice and whole wheat

Encourage lean proteins including vegetarian and plant based

Reduce unhealthy fats, sodium, and sugar

Continue Chartwells' dedication to earth and community friendly practices by serving hormone free milk, poultry products without the routine use of antibiotics, sustainable seafood, cage free shell eggs, and locally grown produce

To learn more about Chartwells go to www.EatLearnLive.com

This institution is an equal opportunity provider.